

**Dr Natalie Mills, MBBS (Hons), DCP (Ireland), FRANZCP, PhD
Psychiatrist & Senior Lecturer in Psychiatry, School of Medicine, University
of Adelaide, ADELAIDE**

Dr Natalie Mills completed her Bachelor of Medicine and Bachelor of Surgery at Monash University, Melbourne in 1993.

She worked as a GP before training as a psychiatrist with the Royal Australian and New Zealand College of Psychiatrists, which included a year spent in Ireland at Cork University Hospital in 2005.

Dr Mills completed her advanced training in Psychiatry in Child and Adolescent Psychiatry with the College in 2011.

As she was nearing the completion of her psychiatry training, Dr Mills decided to undertake a PhD investigating the role of inflammatory markers in clinical depression in adolescents, with a focus on the genetic relationship between inflammatory markers and clinical depression.

Dr Mills was awarded her Doctorate in 2016 from the University of Queensland's School of Medicine.



Since August 2016, Dr Mills has been a senior lecturer in psychiatry for the School of Medicine at the University of Adelaide for which she conducts research and teaches medical students.

Dr Mills is continuing to build on the research from her PhD and is passionate about translating her research findings into improved patient outcomes.

She is supporting the *Australian Genetics of Bipolar Disorder Study* – a ground-breaking international collaboration exploring the genetic risk factors associated with the illness, and how genes influence one's response to treatment.

Given her current research focus on mood disorders, Dr Mills believes the study is hugely valuable and will greatly improve the understanding of bipolar disorder.

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To coordinate an interview with Dr Natalie Mills, please contact Kirsten Bruce or Holly Hamilton from VIVA! Communications on 0401 717 566 / 0434 799 839.